



Saulter Preserve 5K Trail Run/Walk

Saturday, June 21st

**Location: Saulter Preserve
Bryant Hollow Rd.
Coudersport, PA 16915**

5K Race start time: 10:00 AM

Kids Fun Run start time: 11:00AM

Pre-registration deadline that includes free t-shirt: Monday, June 9th.

Continued open registration until 9:30 AM on race day

Registration can be completed online for individual registrations only through RunSignup.com. Individual or group registrations may be completed using this form and be mailed to:

Potter County Creative Council
1660 E. 2nd St.
Coudersport, PA 16915

Please fill out participant information below. Fill out a separate registration form for each participant. Group registrations should be submitted together and names written together on at least one registration form.

Participant Name: _____

Age on 6/21/25: _____ Phone #: _____ (Cell/Home)

Address: _____ City/State: _____ Zip: _____

Emergency Contact Name: _____ Phone #: _____

Other health information organizers should be aware of: _____

Guardian/Parent Name (if under 18): _____

Please check which race you will participate in and fill out accompanying information:

- ☐ **INDIVIDUAL 5K RACE - \$30 per person**

Shirt Size: YS _____ YM _____ YL _____ S _____ M _____ L _____ XL _____ 2XL _____
No shirt needed _____

- ☐ **5K GROUP DISCOUNT REGISTRATION - \$100 entry fee for entire group**

(Up to 4 people participating in 5K ONLY; Not a team relay)

Participant #1 (Should already be written as "Participant Name" above; Please write other participants in your group registration below, but they will also have to complete registration forms to provide contact information and sign waiver. Please submit ENTIRE GROUP paperwork together.)

Shirt Size: YS _____ YM _____ YL _____ S _____ M _____ L _____ XL _____ 2XL _____ No shirt needed _____

Participant #2 _____ Age on 6/21/25 _____

Shirt Size: YS _____ YM _____ YL _____ S _____ M _____ L _____ XL _____ 2XL _____ No shirt needed _____

Participant #3 _____ Age on 6/21/25 _____

Shirt Size: YS _____ YM _____ YL _____ S _____ M _____ L _____ XL _____ 2XL _____ No shirt needed _____

Participant #4 _____ Age on 6/21/25 _____

Shirt Size: YS _____ YM _____ YL _____ S _____ M _____ L _____ XL _____ 2XL _____ No shirt needed _____

Turn Over →

☐ **FUN RUN REGISTRATION – Free!**

*Age 10 and under

*Donations accepted!

*Prizes for all participants!

*Does not include free t-shirt, but if you would like to purchase one for \$15, please fill out selected size below and mail payment, registration form and signed waiver by Monday, June 9th.

Participant Name: _____

Age on 6/21/25: _____

Shirt Size(s): YS _____ YM _____ YL _____ Adult S _____ No Shirt Needed _____

Participant Name: _____

Age on 6/21/25: _____

Shirt Size(s): YS _____ YM _____ YL _____ Adult S _____ No Shirt Needed _____

Participant Name: _____

Age on 6/21/25: _____

Shirt Size(s): YS _____ YM _____ YL _____ Adult S _____ No Shirt Needed _____

Guardian/Parent Name: _____

Phone #: _____ (Cell/Home)

Address: _____ City/State: _____ Zip: _____

Emergency Contact Name: _____ Phone #: _____

Health information organizers should be aware of: _____

RACE INFORMATION

- ❖ Pre-registration deadline including free t-shirt: Monday, June 9th.
- ❖ Continued open registration until 9:30 AM on race day
- ❖ Bring a lawn chair or blanket to cheer on the runners and enjoy the music and food!

Race day location:

Saulter Preserve
Bryant Hollow Road
Coudersport, PA 16915

**Go to the online information at www.pococreates.com for location information using Google Maps.*

Parking:

There is limited parking on the preserve site, but roadside parking is available along Summit Road. Carpooling is recommended, if possible.

Check-in/Registration on race day:

8:00 AM – 9:30 AM

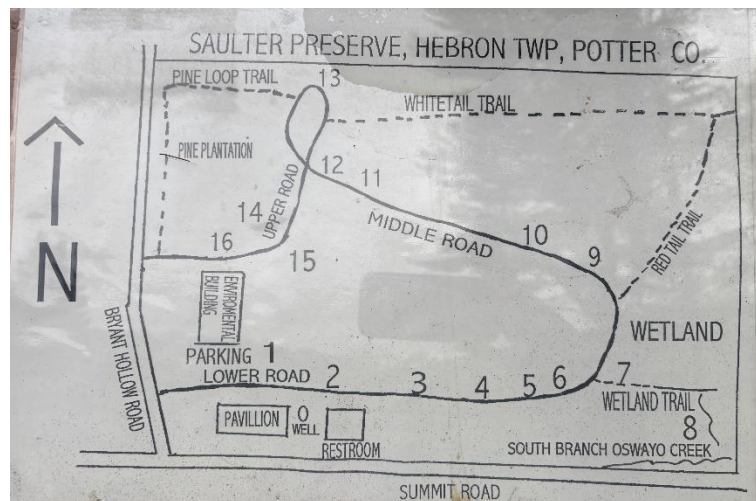
Pick up race bib/number and t-shirt (if you pre-registered)

Start Time:

5K Race start time: 10:00 AM

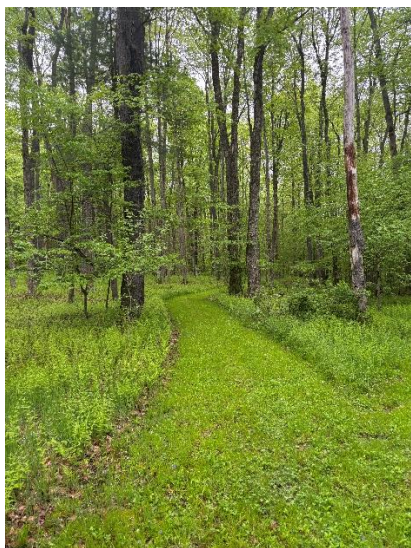
Kids Fun Run start time: Approx. 11:00 AM

Saulter Preserve Map:



Race Course:

The entire course follows the trails on Saulter Preserve only (no roads) and is a mix of grass and leaves/dirt. There are some uphill climbs and areas where the course is more narrow and uneven. All turns in the course will be marked with directional arrows and will also have an individual to direct you at various points. A water station will be available on the course.

**Restrooms:**

Restrooms are available on site.

Water Station:

There will be one water station halfway through the course.

Water/Snacks:

Snacks and water/beverages will be available to all participants throughout the event at the pavilion at the preserve.

Kids Fun Run Course:

Children will run a small portion of the 5K trail course.

Award Ceremony for place winners:

11:15 AM

Medals will be awarded to the top male and female finisher and top 3 finishers in each age category: 12 and below, 13-17, 18-29, 30-39, 40-49, 50-59, 60+

****If you have any questions about this event, please contact us at pococreativecouncil@gmail.com.***

This event is sponsored by the PA Council on the Arts and the Potter County Commissioners.



WAIVER RELEASE

Read this Acknowledgement of Risk and Waiver of Liability carefully and in its entirety. It is a binding legal document. If you are under the age of 18, this form must be signed by you as the participant AND by your parent or legal guardian.

I know that participating in the Potter County Creative Council (PC3) 5K or Fun Run on June 21, 2025 is a potentially hazardous activity and I should not enter and participate unless I am medically able and properly trained. I acknowledge and assume any and all risks associated with this event including, but not limited to falls, contact with other participants, and the condition of the course, including, but not limited to limbs, tree roots, leaves, branches, rocks, and objects on the course. Knowing and appreciating these risks and in consideration of your acceptance of my entry, I hereby for myself, my heirs, representatives or anyone else claiming on my behalf, covenant not to sue, and waive, release, and discharge PC3, its volunteers, and sponsors, and anyone else acting for or on behalf the PC3 5K or Fun Run from any and all claims of liability for death, personal injury, or damage of any kind arising out of my participation in this run. This Acknowledgement of Risk and Waiver of Liability extends to all claims of every kind whatsoever. I also consent to emergency treatment in the event of injury or illness. I grant full permission to PC3 and/or any person or entity authorized by it to use my name, age, date of birth, finish place and finish time in the public domain. I further grant full permission for PC3 to use any photographs, recordings, or any other record of this event for any purpose. My signature acknowledges that I have read the above waiver and I agree and accept all terms and conditions set forth herein.

In signing the Acknowledgement of Risk and Waiver Liability I hereby acknowledge and represent: (a) that I have read this document in its entirety, understand it, and sign it voluntarily; and (b) that this Acknowledgement of Risk and Waiver of Liability is the entire agreement between the parties hereto and its terms are contractual and not a mere recital.

Participant Signature: _____ Date: _____

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REQUIRED FOR ALL PARTICIPANTS UNDER 18 YEARS OF AGE: PARENT OR GUARDIAN'S AUTHORIZATION FOR MEDICAL CARE AND CONSENT AGREEMENT I certify that I am the parent or legal guardian of the above-named participant in the ACTIVITY. On behalf of myself and my spouse, partner, co-guardian or any other person who claims the participant as a dependent, I have read the above agreement, I understand the contents of this Acknowledgement of Risk and Waiver of Liability, assent to its terms and conditions, and sign this Acknowledgement of Risk and Waiver of Liability of my own free act. I acknowledge that my dependent and I have agreed to the terms and conditions of my dependent's participation in the ACTIVITY, and I hereby give my consent to participation by my dependent in the ACTIVITY, and to receive medical treatment determined to be necessary. I further agree to hold harmless, indemnify and defend PC3 from and against all claims, demands or suits that my dependent has or may have.

Parent or Guardian Signature: _____ Date: _____